



Autumn Newsletter



We hope to keep all our patients up to date with information about the surgery and help them to make the right choices about their health.

FLU CLINICS

Have you booked yours yet?

Please speak to a member of our reception team to book your flu jab. We have a number of clinics for patients over 65 and those under 65 with underlying health conditions. We have plenty of stock you do not need to visit your local pharmacy.

Dates of future

Patient Group meetings:

23rd September 2024

9th December 2024

24th March 2025

16th June 2025

Please speak to a member of the reception team, should you wish to attend.

PATIENT ACCESS AND NHS APP SUPPORT

DROP IN SESSIONS

We recently ran drop in sessions for patients who require support getting on to the NHS App, Patient Access or the Patch's E-consult system. These have proved to be a huge success. If you are experiencing difficulties accessing NHS applications, please contact reception to check availability of future sessions.

PLEASE BRING YOUR EMAIL & LOGIN DETAILS

A LIFE IN THE DAY OF: ALEX BAILEY—PRACTICE NURSE

Each issue we bring you a typical day at Shepley for our staff members

My day begins early..

As the mum of a toddler, my day as a working mum begins very early. Once I've wrestled my daughter out of her pyjamas and given her breakfast, we're off to Nursery.

11.am Arriving at the Surgery I hit the ground running with preparation for the morning surgery. I'll perform important safety checks (such as fridge temperatures, defibrillator etc), check medical stores, and liaise with both clinical and non-clinical colleagues about the day ahead.

11.30-2.30pm

Morning Surgery: Nursing in general practice presents a different challenge to nursing in a hospital setting. My busy morning will consist of wound care, child immunisations, travel vaccinations, blood tests, annual reviews, ECG's and consultations that enable patients to manage their health better.

Lunch time period: a chance to catch up with tasks, emails and clinical updates. Once a week we hold our Nursing team meeting where we discuss and update all nursing staff with important information such as vaccination protocols and wound care. We also consult with our senior clinical colleagues if we need advice regarding patients.

3-5.30pm:

Afternoon Surgery: another busy clinic delivering patient care; occasionally we run specialist clinics such as flu and covid or we could be assisting Dr Walker with coil fitting/ contraceptive implants or Dr Culliney with minor Surgery.

5.30-6pm:

Teatime and preparation for one of our extended surgeries.

6-8pm:

We offer late night appointments which are usually a mixture of reviews and care related appointments. This enables patients access to GP and Nurse appointments for those who find it difficult to access these during the day due to work commitments or caring responsibilities. I also restock our cupboards in preparation for tomorrow's busy day.

8pm

Its time to pick up my daughter and then home to spend some quality time with my family.



Congratulations to Dr Duncan Shaw

Congratulations to our senior partner Dr Duncan Shaw who celebrates his 25th year as a GP at Shepley Health Centre. Dr Shaw, a die hard Huddersfield Town Fan, is very popular with patients and has provided exemplary care and service to the Shepley community and the local area. He also contributes to the national healthcare picture in that he trains junior doctors to become GP's.

Behind the scenes, Dr Shaw, is a much loved and respected colleague. Kind, approachable and always generous with his time and knowledge.



National Patient Survey Data

The GP Patient Survey is an independent survey run by Ipsos on behalf of NHS England. The survey is sent out to over two million people registered with GP practices in England. The results show how people feel about their GP practice. Shepley Health Centre scored favourable and in some cases much higher than the regional and national average. Partners and staff at Shepley Health Centre are very pleased with these results and continue to strive to maintain high quality, patient centred care. 82% of patients rated their experience as good.



Did you know you can self refer?

We want to help support you, self referral is accepted in the following services:

Kirklees Talking Therapies (IAPT): Age 17+

Telephone: 01484 343700

Online by visiting: <https://kirklees-talkingtherapies.nhs.uk/>

CAMHS/Keep in Mind (telephone referral)

Single Point of Contact (Locala - SPOC):

Telephone 0300 304 5555

Continance:

Single Point of Contact (Locala - SPOC):

Telephone 0300 304 5555

Pears scheme for eyes:

Many Opticians accept self referrals for new acute eye problems e.g. foreign bodies, red eye, please ask at Shepley Surgery's reception for further information.

Gateway to Care:

Telephone 0300 304 5555

MACMILLAN COFFEE MORNING



Friday 27th September 2024

We will be holding a coffee and cake event at the Surgery on the morning of Friday 27th September. Please come and join us for a cuppa, a slice of something and help raise money for an important cause. Approximately 3 million people are living with cancer in the UK. Macmillan provide vital support to those affected by the disease.

Coming Next Issue

Coming next issue: a life in the day of Sabba, our Clinical Pharmacist, staying warm and healthy through the winter, quizzes and much more!!



World Mental Health Day Thursday 10th October

This years theme is...

'It is time to prioritize mental health in the workplace'

To find our more information on mental health topics and how to seek the right help, visit the following website.

<https://www.mentalhealth.org.uk/explore-mental-health/get-help>



Armed Forces veteran friendly accredited GP practice

We are pleased to announce that we have received accreditation as a veteran friendly practice. We are committed to engaging with our armed services community at the Surgery

Healthcare

X S T R E T C H E R D E H G N Y S
 G K G S J S E M R Y X Z N E B X Y
 D W C L T E U C M V K U G D H N H
 S N D E G W I V E Z T Y A B G S T
 U X U E P L T C D R X P H I E L L
 T L L P O R D W I O X U Z K F M A
 U G B T Z E U T C M Z Q L C J Y E
 R O S U U E I F A D H P S F C Z H
 E Y G G M O W M T K K E S R U N E
 S P A Z N I W A I T I N G R O O M
 U N A M H T S A O W E L L N E S S
 T O D O Z K C C N Y R E V O C E R
 X E R U S S E R P D O O L B E P B
 T G E C N A R U S N I D C L M B G
 A R B P O E S I C R E C X E D I S
 K U S F S N I M A T I V L W F H L
 D S X G F Y L I M A F C Q O I L N

bloodpressure	waitingroom	medication	stretcher
insurance	exercise	nutrition	systolic
vitamins	wellness	recovery	surgeon
healthy	sutures	oxygen	family
asthma	nurse	sleep	flu

NON ATTENDANCES

During June, July and August we had approx. 100* patients who did not attend their appointments.

If you cannot attend a pre-booked appointment please CANCEL in ADVANCE so we have more availability for other patients.

**approximate figure due to power and data outages*

Repeat Prescriptions

You can order a repeat prescription in the following ways:

1. Tick the items required on the white portion of your prescription then **hand it into reception**.
2. **Order online** using the NHS App.

Closure Dates for staff training

This is mandatory requirement for all GP Practices

Tuesday 17th September 2024 — close at 1pm

Tuesday 15th October 2024 — close at 1pm

Tuesday 19th November 2024 — close at 1pm

